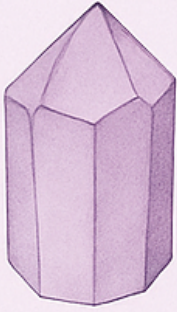
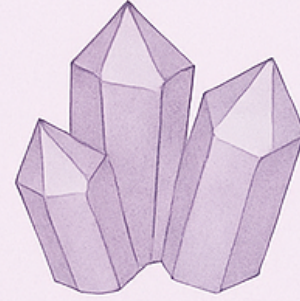


How often should I *recharge or cleanse them?*



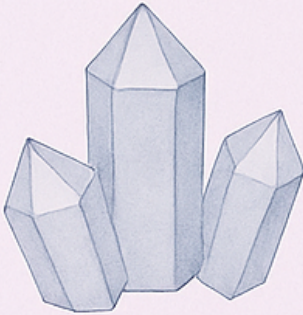
DAILY-USE CRYSTALS

Cleanse: once a week
Recharge: every 1-2 wks



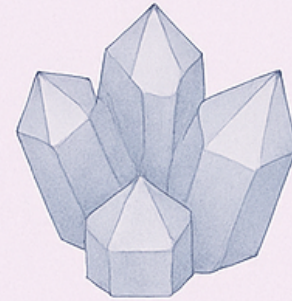
RITUAL/HEALING/ MEDITATION

Cleanse: after each session
Recharge: as needed



DECORATIVE OR ALTAR CRYSTALS

Cleanse: once a month
Recharge: during full moons



STORED CRYSTALS

Cleanse/Recharge:
every few months

PRO TIP: Use full moons and



selenite for effortless
cleansing!